

## We've Got Your Back

SUICIDE DOES NOT **DISCRIMINATE People of all** genders, ages, and ethnicities can be at risk





(8)800-433-2320 (#) my.canopywell.com

503-850-7721



Suicidal behavior is complex and there is NO SINGLE CAUSE; many different factors contribute to someone making a suicide attempt

EARLY DETECTION of symptoms can prevent them from worsening

## Help is available

If you or a loved one have thoughts of death or suicide, please call Canopy at 800-433-2320

## Counselors are available 24/7

To learn more about suicide, including warning signs and prevention, log in to the EAP Member site at my.canopywell.com





CONSTRUCTION **PROFESSIONALS**